

# Zealand's student counsellors – we are here for you!

Inge Kjær, Student counsellor

January 2022



# The student counselling team

- New colleague from 1 March – Næstved and Roskilde
- Sidse Ærstrøm – Næstved
- Hanne Sørensen – Roskilde and Slagelse
- Lene Knudsen – Køge and Roskilde
- Inge Kjær – Roskilde



# You can talk to us about anything – more or less

- Study-related issues, e.g.:
  - If you find it difficult to get used to a new teaching/learning culture
  - If you are nervous about going to exams or if you fail an exam
  - If you have problems planning your time
  - If you need help to interpret rules and regulations
  - Etc., etc.
- Personal/social issues, e.g.:
  - Feeling sad, lack of motivation
  - Problems with friends, family, class mates
  - Illness (you or someone close to you)
  - Anything that affects your studies
- Special needs
  - EU students with physical or mental disabilities: we can apply for Special Educational Support (SPS); e.g. it tools for students with dyslexia

# How to contact us



- Call us: +45 5076 2680
  - Monday-Wednesday 9-10 & 14-15
  - Thursday-Friday 9-10
- Send us an e-mail: [studentcounselling@zealand.dk](mailto:studentcounselling@zealand.dk)
- Zoom meetings: call or e-mail us to book a meeting
- Show up on campus or make an appointment. Opening hours: <https://zealand.com/student-counselling/>

# Everybody has to do a **Study Start Test** in February

## **Why?**

- The purpose is to find out if you have actually started your studies and participated the first weeks

## **When?**

- Monday the 7th of February between 8 a.m. and 5 p.m.
- If you do not pass the first time, the 2nd and last attempt is Friday the 11th of February

## **What and how?**

- You will receive a message in your student e-mail account with a link that leads directly to the test in Wiseflow (your student e-mail: ...@edu.easj.dk)
- Online Multiple Choice test with approximately 30 questions
- All students, no matter which program or campus, will get the same test; i.e. no program-specific questions
- Focus is on the framework for your studies; rules and regulations, "service functions" at Zealand (where can you get help) etc.
- All types of aids are allowed and you are welcome to talk to your fellow students about the questions

## **Good advice!**

- Spend some time surfing on Moodle, go through your curriculum and be observant and curious from Day 1 – if you do that you cannot fail the test 😊